WHAT IS CLAIMED IS:

- 1. Swimming goggles having a pair of left and right eye cups comprising: a contact section that comes in contact with the area surrounding the eye; a peripheral section that is located around that contact section and that, when worn, extends a specified distance forward in the viewing direction; and a forward-viewing section that is arranged on that peripheral section; and where the length in the viewing direction of the top part of said peripheral section is formed such that it is shorter than the other parts of said peripheral section; and a difficult-viewing section is located at the bottom part of said forward-viewing section such that it is more difficult to see through than the top portion of said forward-viewing section.
- 2. Swimming goggles having a pair of left and right eye cups comprising: a contact section that comes in contact with the area surrounding the eye; a peripheral section that is located around that contact section and that, when worn, extends a specified distance forward in the viewing direction; and a forward-viewing section that is arranged on said peripheral section; and where the top end section of said forward-viewing section is formed such that it is located near said contact section; and a difficult-viewing section is located at the bottom part of said forward-viewing section such that it is more difficult to see through than the top portion of said forward-viewing section.
- 3. Swimming goggles having a pair of left and right eye cups comprising: a contact section that comes in contact with the area surrounding the eye; a peripheral section that is located around that contact section and that, when worn, extends a specified distance forward in the viewing direction; and a forward-viewing section that is arranged on said peripheral section; and where the top end section of said forward-viewing section is directly connected to said contact section; and a difficult-viewing section is located at the bottom part of said

forward-viewing section such that it is more difficult to see through than the top portion of said forward-viewing section.

- 4. The swimming goggles of any one of the claims 1 to 3 wherein said forward-viewing section comprises: a vertical section that extends a specified distance upward from the bottom end section to a position below the center position; and a main-viewing section that is inclined from the vertical section in the backward direction from the viewing direction to or near said contact section.
- 5. The swimming goggles of claim 4 wherein the border between said vertical section and said main-viewing section is curved.
- 6. The swimming goggles of any one of the claims 1 to 3 wherein said forward-viewing section is formed into a curved shape.
- 7. The swimming goggles of any one of the claims 1 to 6 wherein the border between said peripheral section and said forward-viewing section is curved.
- 8. The swimming goggles of claim 4 wherein said difficult-viewing section is located on all of said vertical section.
- 9. The swimming goggles of claim 4 wherein said difficult-viewing section is located on part of said vertical section.
- 10. The swimming goggles of any one of the claims 1 to 9 wherein said difficult-viewing section is formed by using coloring, patterning, graphic images, text, gradation, mesh shading, mirror coating, texturing, semi-transparency or a combination of these.
 - 11. The swimming goggles of any one of the claims 1 to 9 wherein said

difficult-viewing section is formed using coloring, and said forward-viewing section is formed such that it is the same color as or a different color than said difficult-viewing section, and that the color is easier to see through than that of said difficult-viewing section.

- 12. The swimming goggles of any one of the claims 1 to 9 wherein said difficult-viewing section is formed such that it is colored, and said forward-viewing section is transparent.
- 13. The swimming goggles of any one of the claims 1 to 12 wherein when forming said eyecup with a mold, the color of said difficult-viewing section and the color of said forward-viewing section are formed at the same time.
- 14. The swimming goggles of any one of the claims 1 to 12 wherein said difficult-viewing section is formed separately, and then fitted over said eyecup.
- 15. The swimming goggles of any one of the claims 1 to 14 wherein said difficult-viewing section is located below the center position of said forward-viewing section.
- 16. The swimming goggles of any one of the claims 1 to 15 wherein said difficult-viewing section is located on at least the bottom part of said peripheral section.
- 17. The swimming goggles of any one of the claims 4 to 16 wherein said vertical section is inclined.